



Royal National
Orthopaedic Hospital
NHS Trust

RNOH EDUCATION

The Stanmore Orthopaedic Series



Preparation in Basic Sciences
for the FRCS (T&O) Examination

24th – 25th January 2022



The Course

This long-established course is aimed at SpRs preparing for the FRCS (T&O) exam with the twin objectives of:

- Revising essential topics required for Basic Sciences for FRCS (T&O)
- Helping organise your knowledge into exam ready answers

The programme will combine interactive lectures with demonstrations and mock vivas. This format will facilitate effective review of your knowledge and allow practice in constructing confident, accurate answers in preparation for the exam.

'Excellent and extremely informative course'

'Covered the whole syllabus with great viva sessions'

Topics covered will include:

- Biomechanics of hip, knee, shoulder and ankle
- Bone & cartilage biology
- Tribology
- Microbiology & infection control
- Biomaterials
- Bone tumours & pathology
- Fracture healing & fixators
- Orthotics & prosthetics
- Gait
- Statistics
- Neurophysiology
- Principles of nerve injury & repair

There will be a series of vivas in which you will have the opportunity to demonstrate your enhanced basic science knowledge and your improved exam technique



Course Directors



James Donaldson MBBS, BSc(Hons), FRCS(Tr&Orth)

Mr Donaldson is a consultant in the Joint Reconstruction Unit at the RNOH specialising in hip and knee surgery. His practice is divided between hip and knee surgeries including primary and complex primary replacements, revision surgeries for failure or infection, as well as arthroscopic and soft tissue knee surgery and osteotomies. In addition he has an on-going academic and clinical interest in cartilage regeneration.



Addie Majed MBBS BSc(Hons) FRCS(T&O) MD(Res)

Mr Majed is a consultant in the Shoulder & Elbow Unit at the RNOH specialising in shoulder, upper limb, joint replacement and rehabilitation. Mr Majed specialises only in shoulder and elbow conditions and is an expert in the management of all acute and chronic shoulder and elbow conditions, including complex revision and reconstructive surgery. He undertakes clinical and basic science research, with an interest in the management of proximal humeral fractures, and is faculty on the UK's leading arthroscopic surgical course.

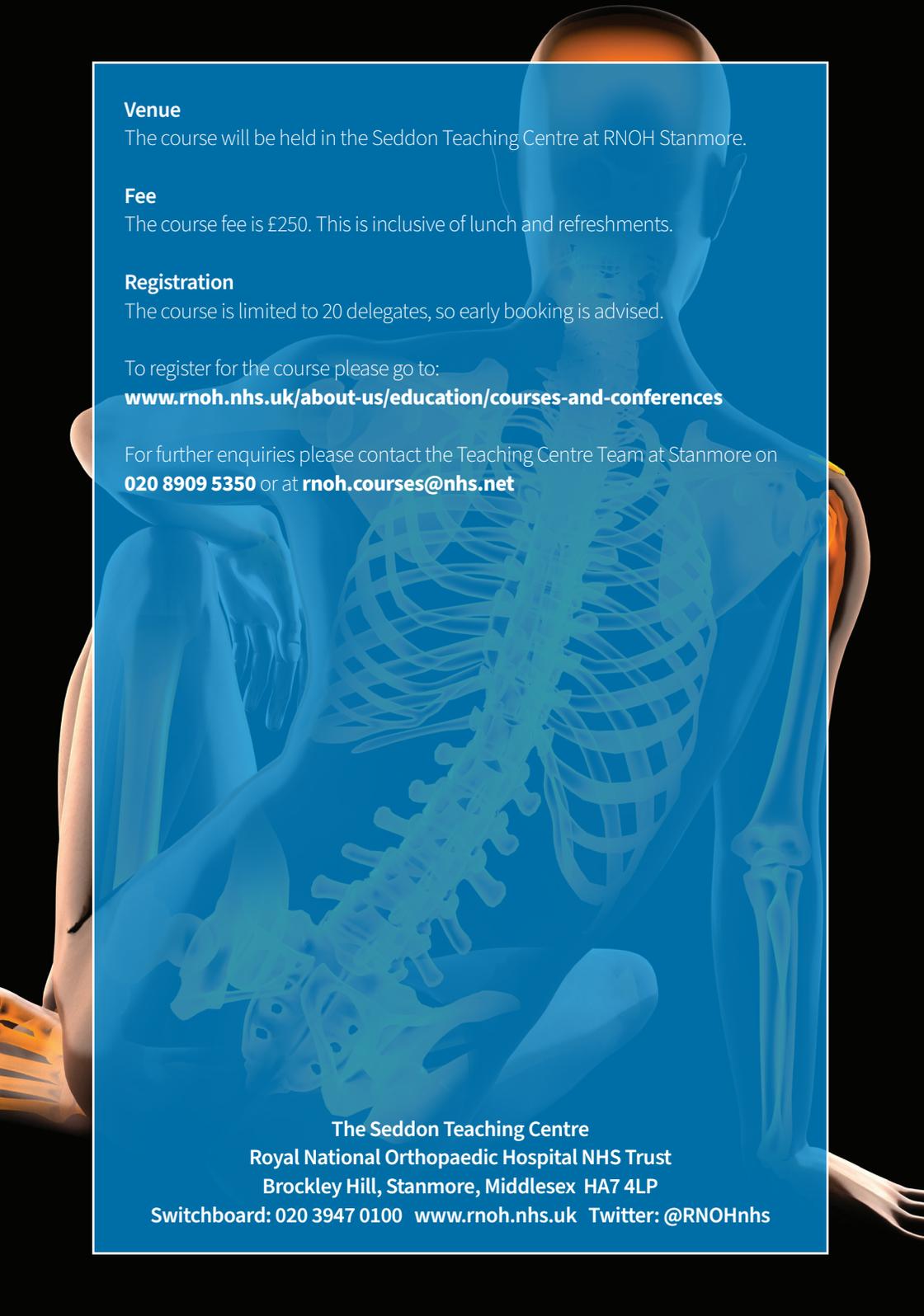
'Faculty were friendly and engaged'

Faculty includes distinguished colleagues from the RNOH and from other renowned organisations.

The course faculty are invited both for their expertise in their field and for their experience as teachers.

'Exceeded expectation. Highly recommend'





Venue

The course will be held in the Seddon Teaching Centre at RNOH Stanmore.

Fee

The course fee is £250. This is inclusive of lunch and refreshments.

Registration

The course is limited to 20 delegates, so early booking is advised.

To register for the course please go to:

www.rnoh.nhs.uk/about-us/education/courses-and-conferences

For further enquiries please contact the Teaching Centre Team at Stanmore on **020 8909 5350** or at **rnoh.courses@nhs.net**

The Seddon Teaching Centre

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